



**Kids
New West**

Kids New West

is hosting a Health Fair to celebrate
National Child Day

Over **17 organizations** will be providing information about their services and what they offer to families. For the full list of Exhibitors go to <http://kidsnewwest.ca/>

Connecting People to Services

Saturday, November 17, 2018

1:00 – 4:00 pm

Centennial Community Centre

65 East Sixth Avenue
(next to Canada Games Pool)

PRESENTERS:

Dr. Kimberley Da Silva is a Registered Psychologist, who specializes in treating social, behavioural and emotional issues in children and teens including: depression, selective mutism, anxiety disorders such as separation anxiety, generalized anxiety disorder, specific phobias, social anxiety disorder, and obsessive-compulsive disorder.

Dr. Kimberley Da Silva
Preschool and Anxiety Issues

•Separation; Bed-time; Sleep

1:00 - 2:15 pm

Middle Years and Social Anxiety

2:45 – 4:00 pm

Caroline Klemens

Challenges Feeding Young Children

1:05 – 1:35 pm

Credit Counselling Society

Raising Financially Fit Kids

2:00 – 3:00 pm

**Family Services of Greater Vancouver
Community Kitchen** 2:15 – 2:45 pm

Alexandra Inman

Nutrition and Children 2:45 – 3:30 pm



Door Prizes, Resource bags and more.

Spaces are limited for the presentations

For more information contact Ramona Manzer at rmanzer@newwestcity.ca

Building Community. Putting Families First