



# New Westminister Family Place

A family resource program for families with children 0-5 years old

## November 2015

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1	2 Drop In ~~ Drop In	3 Drop In Clothing Exchange Drop In	4 Drop In Cold & Flu Prevention ~~ Office Hours	5 Drop In ~~ Nobody's Perfect	6 Drop In ~~ Office Hours	7
8	9 Drop In SWIS worker ~~ Drop In	10 Drop In Pasta Morning ~~ Drop In	11 Closed for Remembrance Day	12 Drop In ~~ Nobody's Perfect	13 Drop In ~~ Office Hours	14
15	16 Drop In ~~ Drop In	17 Drop In Clothing Exchange Drop In	18 Drop In Teeth Brushing and Fluoride ~~ Office Hours	19 Drop In Why Immunize? ~~ Nobody's Perfect	20 Drop In ~~ Office Hours	21
22	23 Drop In ~~ Drop In	24 Drop In ~~ Drop In	25 Drop In Dental Programs & Healthy snacks ~~ Office Hours	26 Drop In ~~ Nobody's Perfect	27 Drop In Birthday Party Public Health Nurse ~~ Office Hours	28
29	30 Drop In ~~ Drop In	<p>Do you know someone who would like to gain experience working with young children?</p> <p><b>Family Place has volunteer opportunities</b></p> <p>at our main site location and at the Lord Kelvin site.</p> <p>For more information contact Fay at 604-520-3666</p>				

**Main Site:** 101 – 93 Sixth Street, New Westminister V3L 2Z8

**Phone:** 604-520-3666

**Drop In Hours:** Mornings 9:30 – 11:30 Monday – Friday  
Afternoons 1:00 – 3:00 Monday & Tuesday

**Website:** [nwfamily.bc.ca](http://nwfamily.bc.ca)

**More program information on the back.**



**New Westminster Family Place**  
101 – 93 Sixth Street, New Westminster 604-520-3666



**Lord Kelvin Elementary School Drop In Program:** Join us on Tuesday, Thursday & Friday mornings from 9:00 – 11:00 for our family drop-in program at 1010 Hamilton Street (In the green portable on the 7<sup>th</sup> Avenue side). Enjoy playtime, art, play dough, snacks and songs. Closed when the school is closed. *Funded by the United Way*

**SFU Information Children Parent Education Program at Lord Kelvin**

Parenting is Hard Work: six consecutive Thursdays Oct 8 – Nov 12<sup>th</sup>

**Nobody's Perfect Parenting Program** for parents of children aged 0 – 5, running for six consecutive Thursdays from 1:30 – 3:30 at our main site. The next session will start November 5<sup>th</sup>. Childminding is provided and pre-registration is required.

**Dates to Remember in November:**

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**Nov 3<sup>rd</sup>** Clothing Exchange – gently used children's clothing available in the morning and afternoon sessions.  
**17<sup>th</sup>** \*\* Please note: the clothing exchange is open to Family Place clients only. Minimum \$2 donation.

**Nov 9<sup>th</sup>** SWIS Worker (Settlement Worker In Schools) will be here to answer newcomers' questions about adapting to Canadian life. 10:00 – 11:00

**Nov 10<sup>th</sup>** Pasta Morning! The children receive a hot pasta snack in the morning session. There will be a nutritious snack served in the afternoon session.

**Nov 11<sup>th</sup> Closed for Remembrance Day**

**Nov 27<sup>th</sup>** Public Health Nurse will be here to answer your questions. 10:00 – 11:00

**Nov 27<sup>th</sup>** Birthday Party for all of the children who have had a birthday this month. Be sure to tell staff if your child has a September birthday.

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**Parent Education Classes on Wednesday mornings.** Childminding is provided. Please arrive promptly at 9:30 to settle your children in the playroom.

**Nov 4<sup>th</sup> - Cold & Flu Prevention.** Join a nurse to learn what you can do to stay healthy this fall & winter.

**Nov 18<sup>th</sup> - Teeth Brushing & Fluoride information.** Join UBC Dental Hygiene students to learn the importance of using a tooth brush properly and the use of fluoride.

**Nov 19<sup>th</sup> Why Immunize? (Note: this is a Thursday):** Join Douglas College Nursing students for a discussion on childhood immunizations and why they are important.

**Nov 25<sup>th</sup> – Healthy Snacks and Dental programs.** Join UBC Dental Hygiene students to learn about available dental programs, healthy snacking and flossing.



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