



# New Westminster Family Place

A family resource program for families with children 0-5 years old

## December 2015

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
		<b>1</b> Drop In Clothing Exchange Drop In	<b>2</b> Drop In Time & Stress Management ~~ Office Hours	<b>3</b> Drop In ~~ Nobody's Perfect	<b>4</b> Drop In ~~ Office Hours	<b>5</b>
<b>6</b>	<b>7</b> Drop In SWIS Worker ~~ Drop In	<b>8</b> Drop In Pasta Morning ~~ Drop In	<b>9</b> Drop In Holiday Activities for Families ~~ Office Hours	<b>10</b> Drop In ~~ Nobody's Perfect	<b>11</b> Drop In ~~ Office Hours	<b>12</b>
<b>13</b>	<b>14</b> Christmas Party am <b>Must Pre- register</b> <b>No Drop In</b> Christmas Party pm	<b>15</b> Drop In Clothing Exchange Drop In	<b>16</b> Drop In Family Yoga ~~ Office Hours	<b>17</b> Drop In ~~ Office Hours	<b>18</b> Drop In Birthday Party ~~ Office Hours	<b>19</b>
<b>20</b>	<b>21</b> Drop In ~~ Drop In	<b>22</b> Drop In ~~ Drop In	<b>23</b> Drop In Movie & Popcorn for Parents ~~ Office Hours	<b>24</b> Drop In ~~ Office Hours	<b>25</b> Closed for Christmas Holidays	<b>26</b>
<b>27</b>	<b>28</b> Closed	<b>29</b> Closed	<b>30</b> Closed	<b>31</b> Closed	<b>Happy Holidays!</b>  <b>Family Place will re-open on Tuesday January 5<sup>th</sup>, 2016</b>	

**Main Site:** 101 – 93 Sixth Street, New Westminster V3L 2Z8

**Phone:** 604-520-3666

**Drop In Hours:** Mornings 9:30 – 11:30 Monday – Friday

Afternoons 1:00 – 3:00 Monday & Tuesday

**Website:** [nwfamily.bc.ca](http://nwfamily.bc.ca)

**More program information on the back.**

**New Westminster Family Place**  
101 – 93 Sixth Street, New Westminster 604-520-3666

**Lord Kelvin Elementary School Drop In Program:** Join us on Thursday & Friday mornings from 9:00 – 11:00 for our family drop-in program at 1010 Hamilton Street. (We are in the green portable on the 7<sup>th</sup> Avenue side). Enjoy playtime, art, playdough, snacks and songs. Note: this program is closed when the school is closed. **Closed Dec 21 – Jan 3 for Christmas. Re-starting on Tuesday Jan 5<sup>th</sup>**  
*Funded by the United Way*



**Parent-Child Mother Goose Program** is a group experience for parents and their young children 1 year to 4 years old. Trained facilitators focus on the pleasure and power of sharing rhymes, songs and stories. At the New West Public Library, 8 Tuesdays from Jan 19<sup>th</sup> – Mar 8<sup>th</sup>. Pre-registration is required.  
*Funded by the United Way*

**Nobody's Perfect Parenting Program** is for parents of children aged 0 – 5, running for six consecutive Thursdays from 1:30 – 3:30 at our main site. The next session will start January 7<sup>th</sup>. Childminding is provided and pre-registration is required.

---

### Dates to Remember in December

- Dec 1<sup>st</sup>** Clothing Exchange – free used children's clothing in the morning and afternoon sessions.  
**15<sup>th</sup>** \*\* Please note: the clothing exchange is open to Family Place clients only.
- Dec 7<sup>th</sup>** SWIS Worker (Settlement Worker In Schools) will be here to answer newcomers' questions about adapting to Canadian life. 10:00 – 11:00
- Dec 14<sup>th</sup>** Christmas Party in the morning and afternoon. This is a potluck party so bring a prepared food dish to share. **You must pre-register. NO DROP IN TODAY.**
- Dec 18<sup>th</sup>** Birthday Party for all of the children who have had a birthday this month. Be sure to tell staff if your child has a birthday this month.
- Dec 8<sup>th</sup>** Pasta Morning! The children receive a hot pasta snack in the morning session. There will be a snack served in the afternoon session.
- Dec 23<sup>rd</sup>** Movie & Popcorn for Parents. Relax and enjoy a video while we take care of the children.

---

**Parent Education Classes** Childminding is provided. Please arrive at 9:30 to settle your children in the playroom.

**Dec 2<sup>nd</sup> – Time & Stress Management:** The Holidays can be a hectic time. Join Gordana for a discussion on ways to deal with the pressures of Holiday expectations, parenting and daily life.

**Dec 9<sup>th</sup> – Holiday Activities for Families:** With time off work and school it's a great chance to enjoy some family time. Join Marjorie to learn about events and activities to enjoy with your children.

**Dec 16<sup>th</sup> – Family Yoga:** Stretch, breathe & relax with a certified yoga instructor who is also an early childhood educator. Children will participate with their parents.