



Spirit
OF THE CHILDREN SOCIETY

September

	Mon	Tue	Wed	Thu	Fri	Sat
Obin Ni'i Prenatal Program @ SOTCS Thursday 9:30am - 12:30pm (8 week Program) Accepting Registrations Starts: October 1st		1	2	3	4	5
Traditional Regalia Making Program @ SOTCS Friday 1:00pm - 4:00pm (8 week program) Starts: October 2nd,			8	9	10	11
FASD Parent Group @ SOTCS 12:30pm - 2:30pm First and third Friday	Labour Day No Programs Agency Closed		Hlúlú Family Drop-In @ Meadowbrook Elementary 9:00am-12:00pm	Field trip to Kwikwetlem First Nations 12:45pm - 4:00pm	Hlúlú Family Drop-in @SOTCS 9:00am-12:00pm	
Protecting Our Children's Spirit @ SOTCS See Reverse for more detail 9:30am - 12:30pm (11 week Program)	Hlúlú Family Drop-In @ Windsor Elementary 9:00am-12:00pm		Hlúlú Family Drop-In @ Meadowbrook Elementary 9:00am-12:00pm	Field trip to Kwikwetlem First Nations 12:45pm- 4:00pm	Hlúlú Family Drop-in @SOTCS 9:00am- 12:00pm FASD @ SOTCS 12:30pm- 2:30pm	
Infant Massage Program @ SOTCS Thursday 2:00pm-3:00pm Accepting Registrations	Hlúlú Family Drop-In @ Windsor Elementary 9:00am-12:00pm	Protecting Our Children Spirit 9:30am-12:30pm 	Hlúlú Family Drop-In @ Meadowbrook Elementary 9:00am-12:00pm	Field trip to Kwikwetlem First Nations 12:45pm- 4:00pm	Hlúlú Family Drop-in @SOTCS 9:00am-12:00pm	
Hasé Drop-in @ SOTCS Saturday 10:30am- 1:30pm Starts: October 17th	Hlúlú Family Drop-In @ Windsor Elementary 9:00am-12:00pm	Protecting Our Children Spirit 9:30am-12:30pm 	Hlúlú Family Drop-In @ Meadowbrook Elementary 9:00am-12:00pm			
Pow Wow Dancing Drop-In Thursday 4:00 pm-6:00 pm Starts: October 8th	Hlúlú Family Drop-In @ Windsor Elementary 9:00am-12:00pm					
Beading Drop-In Friday 9:30am-12:30pm Starts: October 9th						



Hlúlu Family Drop-In Programs: Join us for our family Drop-in Programs for families with children from birth to 6 years old, both here at SOTCS and out in your community. We provide healthy snacks and circle time with songs and drumming as well as many toys and resources in a warm cultural environment. We focus on traditional teachings, such as the Medicine Wheel and the Seven Sacred Teachings. On Fridays we will also be transforming our play area into a place where children can move their bodies and work their gross motor skills. For more information contact Ashlee Cameron.

Burnaby: Mondays, 9:00am– 12:00pm @ Windsor Elementary School– 6166 Imperial St. **Starts: September 14th**

Coquitlam: Wednesdays, 9:00am– 12:00pm @ Meadowbrook Elementary 900 Sharpe St. **Starts September 9th**

New Westminster: Thursdays, 1:00pm– 4:00pm @ Spirit Of The Children Society 201-768 Columbia Street. **Starts: September 10th**

New Westminster, Fridays: 9:00am– 12:00pm @ Spirit Of The Children Society 201-768 Columbia Street. **Starts September 11th**

Infant Massage Program: Thursdays @ SOTCS 2:00—3:00 pm. Infant massage is for parents and caregivers with infants who are in the pre-crawling stage and are of Aboriginal ancestry.

Parent and caregivers will learn different massage strokes which will build on and strengthen their attachment and bonding with their infants through nurturing touch. For more information contact, Carly Quinlan. **Accepting Registrations for Fall Session. Starts: October 1st, 2015**

Traditional Regalia Making: Fridays @ SOTCS 1pm-4pm. (8 week program) For Aboriginal families with children birth - 6 years old. Make a traditional regalia, shawl, ribbon shirt,

button blanket or moccasins for yourself or your child and learn the meaning behind Powwows. For more information, contact Alana Anderson. **Accepting Registrations for Fall Session Starts: October 2nd, 2015**

Obin Ni'i Prenatal Program (Gitksan for —I am pregnant): Thursdays @ SOTCS 9:30am– 12:30pm. (8 week program) Any Aboriginal pregnant women can register at any point during her

pregnancy. Soon to be mothers will learn about their pregnancy in a traditional and clinical way. For more information contact, Carly Quinlan **Accepting Registrations for Fall Session starts: October 1st, 2015**

Building Healthy Relationships with Our Children (TAPP/ POCs) Mondays, Tuesdays, Wednesdays 9:30am—2:00pm (11 Week session)

Women's Traditional Aboriginal Parents Program and Protecting Our Children's Spirit Program were formerly two separate programs operated by the Family Development Program and Early child development program staff. The pilot program will operate TAPP & POCs as a combined 11 week program. This strength based model supports women through their healing journey while simultaneously strengthen parenting skills using cultural teachings. By using educational and coaching methods, participants will learn about parent—child attachment; ages and stages; the importance of self care and parental roles and responsibilities. Afternoons will be spent on cultural crafts and recreational activities. Participants have the opportunity to receive one to one support. Bus tickets, childminding & light meals provided. Registration required. **Starts: September 21st, 2015**

FASD Parenting Support Group: on the first and third Friday of each month 12:30pm to 2:30pm. For Aboriginal parents, grandparents, and caregivers who are raising children with Fetal Alcohol Spectrum Disorder. For more information contact, Mary Gwynne. **September 4th and 18th**

Aboriginal Supported Child Development (ASCD): Aboriginal Supported Child Development Consultants support children who have extra support needs in childcare settings for Aboriginal families living in the Burnaby, New Westminster and Tri-cities area. Consultants support working families or those in school, to find licensed child care centers, assist with, supporting developmental goals and access resources, such as developmental assessments. No diagnoses required. Self-referrals accepted.

For more information, contact Liz Wilson or Dolores Talavera.

Hasé Drop-in: Saturdays @ SOTCS 10:30am– 1:30pm A program for Aboriginal children who require extra support. Elder Maureen Kennedy; staff from SOTCS team; and professionals from [BC Centre for Ability](#) are available on-site for consultation and support in the areas of [Speech and Language](#), and [Occupational therapy](#). Caregivers can learn cultural teachings as well as ideas on techniques, and developmental activities for their children. Snack, lunch and bus tickets are provided. Open to everyone; however, priority given to families on the waitlist for AIDP & ASCD. **Starts: October 17th, 2015**

Powwow Dancing Drop-in Program: Come out and learn different styles of powwow dancing with Carmen Little John and Tyler Jacobs. **Starts: October 8th, 2015**

Beading Drop-in Program: Beading program runs on Fridays from 9:30am-12:30 pm. Veri Ferguson facilitates our beading program, Come join us add to your regalia and hear traditional teachings while beading. **Spirit of the Children Society**

Starts: October 9th, 2015

201-768 Columbia Street, New Westminster, BC V3M 1B4

Tel: 604-524-9113 ECD Programs

www.sotcs.ca