

# New Westminster Family Place

A family resource program for families with children 0-5 years old

## June 2015

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	<b>1</b> Drop In ~~ Drop In	<b>2</b> Drop In Clothing Exchange Drop In	<b>3</b> Drop In Learning to Relax ~~ Office Hours	<b>4</b> Drop In ~~ Nobody's Perfect	<b>5</b> Drop In ~~ Immigrant Grandparents	6
7	<b>8</b> Drop In ~~ Drop In	<b>9</b> Drop In Pasta Morning ~~ Drop In	<b>10</b> Drop In Sun Smart ~~ Office Hours	<b>11</b> Drop In ~~ Nobody's Perfect	<b>12</b> Drop In ~~ Immigrant Grandparents	13
14	<b>15</b> Drop In ~~ Drop In	<b>16</b> Drop In Clothing Exchange Drop In	<b>17</b> Drop In Parks & Recreation Information ~~ Office Hours	<b>18</b> Drop In Child Development ~~ Nobody's Perfect	<b>19</b> Drop In ~~ Immigrant Grandparents	20
21	<b>22</b> Drop In ~~ Drop In	<b>23</b> Drop In ~~ Drop In	<b>24</b> Drop In Movie & Popcorn ~~ Office Hours	<b>25</b> Drop In Public Health Nurse ~~ Nobody's Perfect	<b>26</b> Drop In Birthday Party ~~ Immigrant Grandparents	27
28	<b>29</b> Drop In ~~ Drop In	<b>30</b> Drop In ~~ Drop In	<p>Summer is Coming! Join us for Sun Fun at the Parks on Thursdays in July &amp; August</p>			

**Main Site:** 101 – 93 Sixth Street, New Westminster V3L 2Z8

**Phone:** 604-520-3666

**Drop In Hours:** Mornings 9:30 – 11:30 Monday – Friday  
Afternoons 1:00 – 3:00 Monday & Tuesday

**Website:** [nwfamily.bc.ca](http://nwfamily.bc.ca)

**More program information on the back.**



**New Westminster Family Place**  
101 – 93 Sixth Street, New Westminster 604-520-3666

**Lord Kelvin Elementary School Drop In Program: We've added another day!** Join us on Tuesday, Thursday & Friday mornings from 9:00 – 11:00 for our family drop-in program at 1010 Hamilton Street (In the green portable on the 7<sup>th</sup> Avenue side). Enjoy playtime, art, play dough, snacks and songs. Closed when the school is closed. The last session before summer vacation is June 19<sup>th</sup>. *Funded by the United Way*



**Immigrant Grandparents on the Go** for immigrant grandparents and their grandchildren (0 – 5 years old). Our Settlement Worker provides a program for grandparents to learn about Canadian culture, practice English and make connections in their new community. The children learn new skills while having fun in the playroom. Friday afternoons from 12:30–2:30 at our main site. *Funded by the United Way*

**Nobody's Perfect Parenting Program** for parents of children aged 0 – 5, running for six consecutive Thursdays from 1:30 – 3:30 at our main site. The next session will start in September. Childminding is provided and pre-registration is required.

**Terrific Tuesdays Drop In Program** at the Hospitality Project at Shiloh-6<sup>th</sup> Avenue United Church is **closed**.

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**Dates to Remember in June:**

**June 2<sup>nd</sup> 16<sup>th</sup>** Clothing Exchange – gently used children's clothing available in the morning and afternoon sessions. \*\* Please note: the clothing exchange is open to Family Place clients only. By donation.

**June 9<sup>th</sup>** Pasta Morning! The children receive a hot pasta snack in the morning session. There will be a nutritious snack served in the afternoon session.

**June 18<sup>th</sup>** Child Development Specialist will be here to answer your questions. 10:00 – 11:00

**June 24<sup>th</sup>** Movie & Popcorn for parents. Enjoy a movie while the children play. The movie starts promptly at 9:30 so please arrive on time.

**June 25<sup>th</sup>** Public Health Nurse will be here to answer your questions. 10:00 – 11:00

**June 26<sup>th</sup>** Birthday Party for all of the children who have had a birthday this month. Be sure to tell staff if your child has a June birthday.

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**Parent Education Classes on Wednesday mornings.**

Childminding is provided. Please arrive promptly at 9:30 to settle your children in the playroom.

**June 3<sup>rd</sup> Learning to Relax:** Parenting is stressful. When stressors throw your nervous system out of balance, relaxation techniques can bring it back into a balanced state by producing the *relaxation response*. Join Stephanie to learn how to reach a state of calmness.

**June 10<sup>th</sup> Sun Smart:** Summer means fun in the sun! A nurse will be here to talk about sun safety.

**June 17<sup>th</sup> Parks & Recreation:** Staff from New Westminster Parks & Recreation will tell you about the wonderful programs and facilities available to you and your family for the summer and all year round.

