

'in the know'



'in the know' is a monthly networking and information sharing session that provides a topic expert on what parent/caregivers really want to know.

This is an opportunity to share so that everyone is 'in the know'.

Sessions are provided as a webinar through home internet and group viewings and are available in participating communities or with special speakers at community locations.

See website for locations

BURNABY/NEW WESTMINSTER COMMUNITY SITE; PARENT INFORMATION & NETWORKING SESSION

Byrne Creek Secondary School (Community Room) 7777 - 18th Street, Burnaby

[Click here for map](#)

“Get More From Meetings – The Surprising Steps to Collaboration”

presented by Marlisse McRobie and Moira Hazlehurst; Parents in Residence with The F.O.R.C.E. Society for Kids' Mental Health in the Tri-Cities

Families whose children have mental health challenges often go to a lot of meetings about their children and these meetings are a vital link to receiving much needed support. We believe the keys to these meetings are collaboration and the emotional work that supports it. This session will give you steps to feel more supported throughout the process so you come away from meetings feeling heard and respected. The result will be more cooperation and clear plans for moving forward

Date: Wednesday, November 13, 2013 - Time: 6:30pm – 9:00pm

6:30 – 7pm – meet & greet, 7 – 9pm Sharing, discussion & networking

For more information and topics go to www.forcesociety.com

Please RSVP your attendance by email to danielle@forcesociety.com or phone 604.878.3400

Presented by: The F.O.R.C.E. Society for Kids' Mental Health; a member of the BC Partners for Mental Health and Addictions Information. We're working together to help individuals and families better manage mental health and substance use problems.

Funding provided by the BC Mental Health and Addiction Services, an agency of the Provincial Health Services Authority and by the BC Ministry of Children & Family Development In collaboration with the Kelty Mental Health Resource Centre