

March—April 2013

Parents On The Go

Newsletter for New Westminister Parents



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Early Learning

The early years from birth to age 6 set the foundation for lifelong learning. Offering our children a wide range of different experiences in these years will give your child the opportunity to develop their skills, physically, intellectually, socially and emotionally.

Children are naturally curious and start learning as soon as they are born. Playing with your child on a daily basis and interacting with your child is one of the main ways of stimulating your child's development.

[Find early childhood development programs and classes](#) in your community.. check out

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New Westminister Early Childhood Development (ECD) Committee

is made up from several non-profit agencies in New Westminister that encourages public awareness of the strengths, needs and gifts of young children and their families, and builds capacity within communities to promote their health and well being. The New Westminister Early Childhood Development Committee:

- Envisions a community with healthy, educated, safe and happy children
- Promotes early childhood development while embracing a 'children first' attitude
- Works collectively to plan opportunities for young children and their families in New Westminister
- Check out the ECD website for lots of interesting information. You will find us at: www.kidsnewwest.ca



EASTER IN QUEEN'S PARK



Join us at Easter in Queen's Park! This family event is filled with activities for children between three and 10 years of age. Event highlights include: entertainment featured at the Bandshell, crafts & face painting, photos with Mr. & Mrs. Bunny, the petting farm and loads of fun activities for youngsters to enjoy. Concession services will be available. Please call for further event details.



Queen's Park Rainbow Playland 604.777.5121

Sunday, 11:00 am - 2:00 pm

March 31

Things to do and Places to go



New Westminster Family Place

Suite 101 - 93 Sixth Street, New Westminster V3L 2Z8

Tel: 604- 520- 3666 www.nwfamily.bc.ca

(A family resource program for families with children 0-5 years)

Family Drop In Hours are:

Monday – Saturday mornings

9.30 – 11.30am.

Monday & Tuesday afternoons

1.00 - 3.00pm.

Nobody's Perfect Parenting

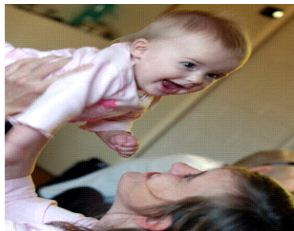
This Program is for parents with children 0-5 years old. The next session starts on **April 11th and runs for six consecutive Thursdays.**

Please phone to pre- register.



Parent- Child Mother Goose provides an opportunity for parents and children to interact and learn through songs and stories.

This takes place at the **Queensborough Community Centre Wednesday Mornings April 3rd to May 22nd** and at **Centennial Community Centre on Tuesday Mornings April 16th - June 4th.**



Starting on **April 3rd to May 9th (Wednesday Mornings)** we will be hosting the **SFU Information Children Parent Education Program. Please phone to pre-register**

Hospitality Project (at the Food Bank) and Family Place, host a drop in program for parents and families on the day that the Food Bank is Open **Wednesdays 9.30am - 11.30am**

New: Terrific Tuesdays Drop In for Parents with young children.

9.30am—11.30am

Lord Kelvin School Drop In

School Address; 1010 Hamilton Street, New Westminster

Thursdays and Fridays

9.00am - 11.00am

We meet in the green portable facing 7th Avenue for Playtime, Art, Songs, Stories and Snacks for the children. Have fun, meet other parents and learn about other resources in your community.



* Open only on Schooldays.

Grandparents On the Go Program

is for immigrant grandparents who are in Canada to take care of their young grandchildren. This is an opportunity to learn more about senior resources in the Community and make new friends., while the grandchildren play and do art in a preschool environment.

Friday afternoons

from 12.30 -

2.30pm



Family Place is closed March 29 – April 1 for Easter. We will re-open on Tuesday April 2nd

FAMILY STORYTIME (all ages)

Read some stories, sing some songs together.

New Westminster Public Library, 604.527.4660

Tuesday, 7:00 pm

April 2, 9 & 16

Drop-in Fee: Free



COMMUNITY GARAGE SALES

If you want to sell at the **Queenborough community garage sale**, please register at the Centre to be included in the advertising and to get your sale signs. Make a bundle. Tables inside the Centre are also available for selling your stuff during the Earth Day event from 12:00 - 3:00 pm for \$10.00 per table

Queenborough Community Centre,

604. 525. 7388

April 21, Sunday, 9:00 am

Registration Fee: \$5 per address



Are you Ready for Spring Break? Here are a Few Ideas

"PAWS" for Spring Break - Love those pets!

New Westminster Public Library

Tuesday March 19th,
10:30 am - 11.30am



This is a free, drop in program for children ages 4-10 years.

Stories, a craft and a surprise four-legged visitor!



Big Top Circus Adventure (All ages)

Come one, come all and join that party fun atmosphere under the big top at the pool. It will be filled with carnival games, face painting, clowns, cotton candy and a bouncy fun castle. Don't miss out on all the action and circus fun-fun with our flexible staff.

Canada Games Pool 604.526.4281

Thursday, 1:00 - 4:00 pm March 21

Drop-in Fee:

Regular admission applies



Fraser River Discovery Centre has Ideas for Spring Break

The Fraser River Discovery Centre just might be the place to be for parents and kids during spring break.

On the afternoon of Friday, March 23, the centre will offer a way to wrap up spring break with a hands-on tour of the newest exhibit, **the Discovery Zone**.

Children 5 to 12 will learn about the white sturgeon that lives on the Fraser River's muddy bottom and excavate a simulated archaeology dig. They'll also be shown ways to take action to keep waterways clean and they'll finish off with a showing of the National Film Board's Journey of the Blob.

The program will run from **1 to 3:30 p.m.**

This is a drop-in programs with admission by donation. Group leaders or daycare operators can go to www.fraserriverdiscovery.org for further information.

F.W. Howay Lego Robotics Builder Club (4 - 6 years)



LEGO MANIA

Bricks 4 Kidz Lego will be back in the River Market, on New Westminster Quay,

Monday, March 18; Thursday, March 21; and Friday, March 22. Classes run from 10 a.m. to 1 p.m., cost is \$10 per hour for one child, and just \$5 per hour for a sibling or additional child. Drop them off for a little or a lot of time, while you get your shopping done or have lunch in the Food Hall.

This class has been created for young minds that love to build and have fun. It has been designed to give young students the tools to build towers, sky trains, bridges, factories, trains and more with rokenbok, geotrax, LEGO duplo and more. Students will have the chance to learn in group dynamics and how to work and collaborate together as teams, while learning how to grow in their own skills and identity. In partnership with Gateway Learning Centre.

F.W. Howay Elementary 604.777.5100

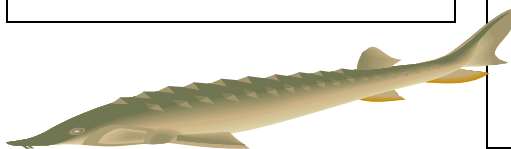
Monday, 9:30 - 11:30 am

March 18

Registration Fee:
\$43.50



River Market
810 Quayside Drive
New Westminster, BC
Canada V3M 6B9
Tel 604.520.3881
Fax 604.520.6130



EARTH DAY EVENT

Beyond removing trash and the community sales, the **Queensborough Community Centre** will host an Earth Day Event featuring environmental displays, food, workshops, demos, entertainment and activities for the whole family to learn about Reducing, Re-using & Recycling. All visitors will be entered into an Eco-friendly prize Draw.

Queensborough Community Centre, 604.525.7388

April 21, Sunday, 12:00 - 3:00 pm

Drop in



April 21, 2013 EarthFest

Celebrate Earth Day with a visit to the EarthFest family nature festival being held on Burnaby Lake. The free event, organized by the Wildlife Rescue Association of BC, offers a range of activities for nature lovers including canoe rides on Burnaby Lake, the opportunity to make and take home your own bird or bee box, and guided walks around the park. 11:00 - 3:00 pm. Burnaby Lake Rowing Pavilion, 6871 Roberts Street, Burnaby



SPRING 2013 PROGRAM SCHEDULE



ESL Parenting for Moms (Fraserside) Olivet Church	Monday 9.30 am - 1.00pm	April 8 - June 17 10 sessions (no class on May 20)
ESL Health for Grandparents Olivet Church	Tuesday 10.00 am - 12.00 pm	April 9 - June 11 10 sessions
Single Mothers Support Group Olivet Church	Wednesday 5.30 pm - 7.30 pm	April 10 - June 12 10 sessions
Parenting in Canada (Spanish) Olivet Church	Thursday 9.30 am - 12.00 pm	April 11 - June 13 10 Sessions
Parenting in Canada (English) Olivet Church	Thursday 9.30 am - 12.00pm	April 11 - June 13 10 Sessions
Parent Connect Olivet Church	Friday 9.30 am - 12.00 pm	February 1 - May 3 12 Sessions
ESL Conversation for Women New Westminster Public Library	Friday 10.00 am - 12.00 pm	Ongoing
ESL Conversation New Westminster Public Library	Saturday 10.30 am - 12.30 pm	Ongoing



StrongStart In New Westminster

**Strong Start is a FREE Drop-In Program for preschoolers
0 - 5* years and their parents / caregivers.**

This program is designed to work in partnerships with parents/caregivers, their children, an Early Childhood Educator and community partners.

Your child... will feel free to explore and play in an environment that is friendly, safe and inspiring.

You... will get to share in the excitement and successes of your child's early learning experiences and discover new ways to support your child's learning at home.

A qualified Early Childhood Educator... will lead learning activities, including stories, music and art to help children get ready for success in Kindergarten.

*Questions and Answers
Regarding StrongStart Programs go to
[http://www.bced.gov.bc.ca/
early_learning/strongstart_bc/
faq.htm](http://www.bced.gov.bc.ca/early_learning/strongstart_bc/faq.htm)*



Cineplex Family Favorites Saturday Mornings 11.00am

Watch a family movie each week for only \$2.50. It's a fun, affordable way to spend some time with the family.

March 16th-

The Indian in the Cupboard.

March 23 -

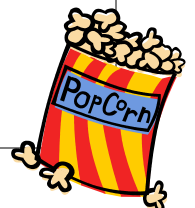
Chitty, Chitty, Bang, Bang

March 30 - Spy Kids

Participating Theatres are:

Silvercity Coquitlam

Silvercity Metrotown



New Westminster StrongStart Centres:

Richard McBride Elementary School
331 Richmond Street, New Westminster Tel: 604.517.6090
Program hours: Monday to Friday 9:00 am to 12:00 pm

Queen Elizabeth Elementary School
921 Salter St. Queensborough Tel: 604.517.6080
Program Hours: Monday and Friday 9:00 am to 12:00 pm
Tuesday, Wednesday and Thursday 4:00 pm to 7:00 pm

Connaught Heights Elementary School
2201 London Street, New Westminster Tel: 604.517.6010
Program Hours: Monday to Friday 12:30 pm to 3:30 pm

Families are welcome to drop into the program any time, any day. Pre-registration is not required.

