

## ABORIGINAL EARLY CHILDHOOD DEVELOPMENT PROGRAMS November 2012

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Obin Ni'i Prenatal Program @ SOTCS Thursdays 9:30am - 12:30pm (8 week Program) Starts: September 13th Ends: November 8th			North: White Annals Receive Energy Vision Energy Vision Energy Vision Energy Vision Control of Control Bank North New York Black Bank North New York Statework Control of Statework Control of Statework	1 Family Drop-In @ SOTCS 1:30pm-4:30pm Obin Ni'l Prenatal Program @ SOTCS Thursday 9:30am- 12:30pm	2 Family Drop-in @ SOTCS 9:00am to 12:00pm POCS @ SOTCS 9:00 am to 12:00pm FASD Parent Support Group 1:00pm - 3:00pm Traditional Regalia @ SOTCS 1pm-4pm	3 " Í West" - "Come Learn with Us" 9:30-12:30
Traditional Regalia Making Program @ SOTCS Fridays 1:00pm - 4:00pm (8 week program) Starts: October 5th, 2012 Accepting Registration	5 Family Drop-In @ Forest Grove 1pm-4pm	6	7 Family Drop-In @ TriCities East Neighbourhood House 1:30pm-4:30pm	8 Family Drop-In @ SOTCS 1:30pm-4:30pm Obin Ni'i Prenatal Program @ SOTCS Thursdas 9:30am- 12:30pm	9 NO PROGRAMS (Staff in Training) HEALTH FAIR @ SOTCS 10:00 am - 2:30 pm	10 No Program
FASD Parent Group @ SOTCS 1:00pm - 3:00pm The first and third Friday of every month. " Í West" - "Come Learn with Us"	12	13	14 Family Drop-In @ TriCities East Neighbourhood House 1:30pm-4:30pm	15 Family Drop-In @ SOTCS 1:30pm-4:30pm	16 Family Drop-In @ SOTCS 9:00am to 12:00pm POCS @ SOTCS 9:00 am to 12:00pm FASD Parent Support Group 1:00pm - 3:00pm Traditional Regalia @ SOTCS 1 pm-4pm	17 " Í West" - "Come Learn with Us" 9:30-12:30
Office Learning of the second se	19 NO PROGRAM	20	21 Family Drop-In @ TriCities East Neighbourhood House 1:30pm-4:30pm	22 Family Drop-In @ SOTCS 1:30pm-4:30pm	23 Family Drop-In @ SOTCS 9:00am to 12:00pm POCS @ SOTCS 9:00 am to 12:00pm Traditional Regalia @ SOTCS 1 pm-4pm	24 " Í West" - "Come Learn with Us" 9:30-12:30
(POCS) @ SOTCS 9:00am - 12:00pm (10 week Program) Starts: October 19th Ends: December 21 Accepting Registrations	26 Family Drop-In @ Forest Grove 1pm-4pm	27	28 Family Drop-In @ TriCities East Neighbourhood House 1:30pm-4:30pm	29 Family Drop-In @ SOTCS 1:30pm-4:30pm	30 Family Drop-In @ SOTCS 9:00am to 12:00pm POCS @ SOTCS 9:00 am to 12:00pm Traditional Regalia @ SOTCS 1pm-4pm	

For more information, call the Spirit of the Children Society, Early Childhood Development team at 604.524.9113, website www.sotcs.ca, Facebook too!



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**Family Drop-In Programs:** Join us for our Drop-in Programs. For families with children from birth to 6 years old, both here at SOTCS and out in your community. We provide healthy snacks and circle time with songs and drumming as well as many toys and resources in a warm cultural environment. We focus on traditional teachings, such as the Medicine Wheel and the Seven Sacred Teachings. For more information contact Tara Hahn.

Burnaby, Mondays 1:00pm - 4:00pm Forest Grove Elementary 8525 Forest Grove Burnaby, BC. NO DROP-IN ON NOVEMBER 19th. Port Coquitlam, Wednesdays 1:30pm - 4:30pm: TriCities East Neighbourhood House 2062 Manning Ave, Port Coquitlam New Westminster, Thursdays 1:30pm - 4:30pm SOTCS New Westminster New Westminster, Fridays 9:00am-12:00pm SOTCS New Westminster NO PROGRAMS ON NOVEMBER 9th (Staff Training).

<u>Traditional Regalia Making</u>: Fridays @ SOTCS 1pm-4pm. (8 week program) For Aboriginal families with children birth - 6 years old. Make a traditional regalia, shawl, ribbon shirt, button blanket or moccasins for yourself or your child and learn the meaning behind Powwows. For more information, contact Alana Anderson. Starts: October 5th, 2012

<u>Obin Ni'i Prenatal Program</u> (Gitxsan for —I am pregnant): Thursdays @ SOTCS 9:30– 12:30pm. (8 week program) Any Aboriginal pregnant women can register at any point during her pregnancy. Soon to be mothers will learn about their pregnancy in a traditional and clinical way. For more information contact, Carly Quinlan. End Date November 8th, 2012

Protecting Our Children's Spirit Program (POCS): Friday @ SOTCS 9am-12pm. (10 week program) Parents/caregivers with children birth to 6 years old will learn child development stages and parenting skills. Lessons are based on Medicine Wheel teachings and the Seven Sacred Teachings. Bus tickets, child minding, and meals (breakfast snack and light lunch) are provided. TAPP is a pre-requisite for POCS participants. For more information, contact Monica Louis. Starts: October 19th, 2012

**FASD Parenting Support Group** on the first and third Friday of each month 1:00pm to 3:00pm. For Aboriginal parents, grandparents, and caregivers who are raising children with Fetal Alcohol Spectrum Disorder. For information, contact Bee Grandison.

<u>"Í West" - "Come Learn with Us"(</u> " to teach " in the Halq'emeylem language ) For Aboriginal parents, grandparents, and caregivers of children under 6 Saturday's from 9:30am-12:30pm. This program will relay the importance of play between parents/caregivers and their children, it will also focus on the definition and importance of bonding and attachment with children ages 0-6. This program will be based on the Medicine Wheel Teachings and will be structured in four week sessions reflecting the four directions of the Medicine Wheel. Includes community fieldtrips. Now accepting registration. For more information, contact Monica Louis. NO PROGRAM ON NOVEMBER 10th.

Check us out on facebook: <u>http://www.facebook.com/pages/Spirit-of-the-Children-Society/</u>