

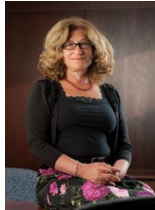
Advancing our Knowledge of Healthy Aging

April 25th, 2012

- Register by ➤ April 18, 2012
Time ➤ 4:15pm - 6:15pm
Location ➤ Paetzold Health Education Auditorium,
1st Floor Jim Pattison Pavilion South, VGH



Join us for an evening of presentations regarding our current knowledge of the interplay between physical activity, cognitive function, mobility, and aging, as well as an introduction to the Canadian Longitudinal Study on Aging (CLSA); the largest, national, long-term study of adult development and aging in Canada.



Mobility and Aging

Dr. Stephanie Studenski is a geriatrician and rheumatologist whose practice, teaching and research focus on mobility, balance disorders and falls in older adults. Through her research, she strives to understand balance and mobility problems that occur with obvious conditions such as stroke, as well as those of more insidious onset that may be related to subclinical losses in multiple organ systems.



Physical Activity: The Best Value and Solution for All?

Dr. Marco Pahor is a tenured Professor, Director of the University of Florida Institute on Aging and Chair of the Department of Aging and Geriatric Research. He holds over 30 years of outstanding academic career and over 12 years of expertise in key senior leadership roles as institute director currently at the University of Florida. Dr. Pahor is an internationally known thought leader in the areas of aging, disability and function in population-based studies and translational research.



The CLSA: Its Vision, Accomplishments and Future

Dr. Parminder Raina is a Professor in the Department of Clinical Epidemiology and Biostatistics at McMaster University. He specializes in the epidemiology of aging with emphasis on developing the interdisciplinary field of geroscience to understand the processes of aging from cell to society. Dr. Raina holds the inaugural Raymond and Margaret Labarge Chair in Optimal Aging and is the lead principal investigator of the CLSA.



Co-Facilitator: Dr. Max Cynader

Dr. Max Cynader is Director of the Brain Research Centre and the Djavad Mowafaghian Centre for Brain Health at Vancouver Coastal Health and the University of British Columbia, as well as the Principal Investigator at the CLSA data collection site at UBC Vancouver, and a lead investigator for the Genetics and EpiGenetics component of the CLSA. He has made important contributions to understanding the mechanisms by which early use or misuse of the brain affects its functioning for the rest of the organism's life.



Co-Facilitator: Dr. Andrew Wister

Dr. Andrew Wister is Chair and Professor in the Department of Gerontology at Simon Fraser University, the Associate Director of the Gerontology Research Centre, and the Principal Investigator for the CLSA data collection site at SFU Surrey. Dr. Wister's research has focused on baby boomer health dynamics; environmental adaptation among older adults; patterns of family and social support; aging, health promotion and population health; statistical methods; and life-course trends and transitions.

If you are interested in attending please contact:

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Take part via video conference from The University of Victoria, The University of Northern British Columbia, or The University of British Columbia – Okanagan

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