

igirl conference



A one day conference for girls in gr.6-8

Friday, May 18, 10am-3pm (Pro-D Day)

Glenbrook Middle School Library

Cost: \$5.00 and includes a healthy lunch.

Only 30 Spaces
available!

Sponsored in partnership with the Middle Childhood Development Committee. kidsnewwest.ca

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Presented by the Saleema Noon group, this special event includes the following topics:

i am my own BFF

Celebrate your strengths and feel great about your unique self.

i think my body's a beauty

Magazine bodies are make-believe. We'll help you see how all of us are gorgeous in our own way.

i know the facts of life

Learn the real deal about periods, pads, breasts, bras, baths and showers ... no boys allowed!

i get the 'net

Facebook, sexting, and safety online ... we've got you covered.

i have healthy relationships

Friends, family, and [sigh] dating someday - let's make sure you know what you want and deserve.

i am the best i can be

Get the low-down on what you need to do to reach your personal best, both now and when you're 90.

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Further Registration information:

To ensure registration, we will require an emergency contact #, information on any dietary restrictions, and the \$5 fee. The \$5 can be paid in cash or by cheque made out to SD40 on the day of the conference. A healthy lunch will be provided the day of. All girls are encouraged to arrive at 9:45 to get registered, paid, and settled.

Please register by calling/e-mailing
Community School Co-ordinator
Ashley Currie: 604-517-5995, or e-mail
subject line "igirl Conference
Registration" to acurrie@sd40.bc.ca

Deadline: May 11, but please register
ASAP to secure a space as
spots are limited.

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